

Ole.Fit
OULU

LAITELISTA

FREEMOTION

 **StairMaster®**

SALTER

 **NAUTILUS**

AEROBISET LAITTEET:

FREEMOTION i22.9 Incline Trainer

<https://freemotionfitness.com/cardio-machine/i22-9-incline-trainer/>

FREEMOTION t22.9 REFLEX Treadmill

<https://freemotionfitness.com/cardio-machine/t22-9-reflex-treadmill/>

FREEMOTION e22.9 Total Body Elliptical

<https://freemotionfitness.com/cardio-machine/e22-9-elliptical/>

FREEMOTION r22.9 Recumbent Bike

<https://freemotionfitness.com/cardio-machine/r10-9b-recumbent-bike/>

FREEMOTION u22.9 Upright Bike

<https://freemotionfitness.com/cardio-machine/u22-9-upright-bike/>

FREEMOTION b22.7 Coach™ Bike

<https://freemotionfitness.com/cardio-machine/coachbike/>

STAIRMASTER 8 Series StepMill

<https://apirosport.fi/product/next-gen-cardio-stairmaster-10g/>

STAIRMASTER HIIT ROWER

<https://apirosport.fi/product/hiit-rower/>

Ole.Fit

OULU

PAINOPAKKALAITTEET:

M-2076 SHOULDER PRESS

<https://www.salter.es/en/online-shop/bodybuilding/m-2076-essence-shoulder-press/>

M-2084 PEC FLY

<https://www.salter.es/en/strength/103538-m-2084-pec-fly-essence.html>

M-2040 CHEST PRESS

<https://www.salter.es/en/online-shop/bodybuilding/m-2040-essence-horizontal-chest-press/>

M-2085 PEC FLY/REAR DELT

<https://www.salter.es/en/online-shop/bodybuilding/m-2085-essence-pec-fly-rear-delt/>

M-2048 ABDOMINAL/LUMBAR

<https://www.salter.es/en/online-shop/bodybuilding/m-2048-essence-abdominal-lumbar>

M-2026 LEG EXTENSION

<https://www.salter.es/en/online-shop/bodybuilding/m-2026-essence-quads-extension/>

M-2029 SEATED LEG CURL

<https://www.salter.es/en/online-shop/bodybuilding/m-2029-seated-leg-press/>

M-2087 LEG PRESS

<https://www.salter.es/en/online-shop/bodybuilding/m-2087-essence-leg-press/>

M-2083 ADDUCTOR/ABDUCTOR

<https://www.salter.es/en/online-shop/bodybuilding/m-2083-essence-abductor-adductor/>

M-2041 SEATED ROW

<https://www.salter.es/en/strength/103536-m-2041seated-row-essence>

M-2027 LEG CURL

<https://www.salter.es/en/strength/103546-m-2027-leg-curl-essence>

Ole.Fit

OULU

PAINOPAKKALAITTEET:

M-2019 STANDING CALF RAISE / SQUAT

<https://www.salter.es/en/strength/103528-m-2019-squat-standing-calf-essence>

M-2046 ROTARY

<https://www.salter.es/en/strength/103869-m-2046-essence-rotary>

M-2088 DIP AND CHIN ASSIST

<https://www.salter.es/en/essence/103524-m-2088-dip-and-chin-assist-essence>

M-2098 PULLDOWN

<https://www.salter.es/en/essence/103868-m-2098-essence-vertical-back>

NAUTILUS GLUTE MACHINE

<https://apirosport.fi/product/glute-press>

NAUTILUS INSPIRATION ROTARY TORSO

VIPUVARSILAITTEET:

M-1099/50 INCLINED LEG PRESS

<https://www.salter.es/en/strength/103644-m-1099-50-leg-pre>

NAUTILUS LEVERAGE LOW ROW

<https://apirosport.fi/product/low-row>

NAUTILUS LEVERAGE SHOULDER PRESS

<https://apirosport.fi/product/shoulder-press>

NAUTILUS LEVERAGE HIGH ROW

<https://apirosport.fi/product/high-row>

NAUTILUS LEVERAGE CHEST PRESS

<https://apirosport.fi/product/chest-press>

NAUTILUS PLATE LOADED BELT SQUAT

<https://apirosport.se/product/belt-squat>

NAUTILUS PLATE LOADED HACK SQUAT

<https://apirosport.fi/product/hack-squat>

NAUTILUS PLATE LOADED GLUTE DRIVE

<https://apirosport.fi/product/glute-drive>

Ole.Fit

OULU

TALJAT YM.:

M-2095 9 STATIONS MULTI PULLEY

<https://www.salter.es/en/strength/103661-m-2095-9-station-multi-pulley>

M-1033/50 MULTIPOWER/SMITH

<https://www.salter.es/en/online-shop/bodybuilding/m-1033-50-multipower/>

NAUTILUS POWER CAGE

<https://apirosport.fi/product/power-cage>

ULTERON HALF RACK

<https://apirosport.fi/product/half-rack>

Ole.Fit

OULU

MUUT:

F-1025 HORIZONTAL BENCH PRESS

https://www.salter.es/uploads/2022/06/un_F-1025-ESSENCE---eng.pdf

F-1057 ADJUSTABLE BENCH

<https://www.salter.es/en/online-shop/bodybuilding/f-1056-inclined-press-bench/>

M-1017 HYPEREXTENSION BENCH

<https://www.salter.es/en/strength/103671-m-1017-hyperextension-bench>

F-1070 SCOTT BENCH

<https://www.salter.es/en/strength/103673-f-1070-scott-bench>

F-1062 ABDOMINAL BENCH

<https://www.salter.es/en/strength/103640-f-1062-abdominal-bench>

NAUTILUS INSPIRATION BENCH OLYMPIC FLAT

NAUTILUS INSPIRATION BENCH OLYMPIC DECLINE

NAUTILUS INSPIRATION BENCH OLYMPIC INCLINE

KÄSIPAINOT 12,5 – 50 kg

KÄSIPAINOT 1-10 kg

KÄSIPAINOT 1-30 kg

SUORAT TANGOT 20 kg

KAHVAKUULAT (6 - 20 kg)

Ole.Fit
OULU